

Meals are subject to change
depending on product availability

WINTER MENU

1

MONDAY
FEB 17

TUESDAY
FEB 18

FEB 19

THURSDAY
FEB 20

FEB 21

SATURDAY
FEB 22

SUNDAY
FEB 23

BREAKFAST

Breakfast Served, 7:30am to 9:30 am Daily

DAILY BREAKFAST CHOICES

Omlette of
your choice

Pancakes with
Berry Compote &
Sausage

LUNCH

All lunches are served with your choice of fresh fruit

Cream of Broccoli
Soup with Tuna
Salad on a
Croissant

Chicken Noodle
Soup with Ham &
Cheese Melt

Grilled Cheese
with
Tomato Soup

Chicken Fingers
with
Potato Wedges

Pulled Pork
Sandwich
with
Coleslaw

Cobb Salad
with Ham Slices,
Shredded Cheese and
Hard Boiled Eggs

Chicken Burger
with
Fries

DINNER

Braised Pork
Chops with
Mushrooms
Or
Veal Cutlets
With
Wild Rice, and
Vegetables

Dessert

Chicken Cutlet
Or
Salisbury steak
With
Mashed Potatoes
and Vegetables

Dessert

Ginger Beef
Or
Chicken
Dumplings
With
Brown Rice,
Vegetables, and
Spring Roll

Spaghetti &
Meat Sauce
Or
Chicken & Herb
Ravioli
With
Caesar Salad

Dessert

Liver & onions
Or
Parmesan
Crusted Salmon
With
Mashed Potatoes
and Vegetables

Dessert

Meatloaf, Roasted
Potatoes, Dinner
Roll, and
Vegetables

Ice Cream

BBQ Ribs,
Baked Potatoes,
and
Vegetables

Pie

Weekend meals must be booked at the front desk by 4 PM Thursday. Monday meal must be booked by 4 PM Friday.

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WINTER MENU

2

MONDAY
JAN.27

TUESDAY
JAN.28

JAN .29

THURSDAY
JAN.30

JAN.31

SATURDAY
FEB.1

SUNDAY
FEB.2

BREAKFAST

Breakfast Served, 7:30am to 9:30 am Daily

DAILY BREAKFAST CHOICES

Omlette of
your choice

Crustless Quiche
Hashbrowns
Toast

LUNCH

All lunches are served with your choice of fresh fruit

Hamburger
Casserole
Garlic Toast

Chicken Stew
with
Biscuit

Minestrone with
BLT Sandwich

Hot Roast Beef
Sandwich
Potato Wedges

Chicken Souvlaki
Greek Salad, and
Naan

Chili with
Corn Muffin
and Cookie

Tuna Salad
Sandwich with
salad

DINNER

Breaded Chicken
Thigh
Or
Artic Char Filet
With
Lemon Roasted
Potatoes
and Vegetables

Dessert

Honey Mustard
Chicken Thighs
Or
BBQ Porkchops
With
Baby Potatoes
and Vegetables

Dessert

Sweet and Sour
Meatballs
Or
Butter Chicken
Curry, Naan
With
Basmati Rice
and Vegetables

Dessert

Shepherd's Pie
Or
Kiev Chicken
with
Mashed Potatoes
and Vegetables

Dessert

Mediterranean
Glazed Salmon
Or
BBQ Steaks
With
Baked Potato
and Vegetables

Dessert

Beef Stew
Dinner Roll
& Salad

Ice Cream

Roasted Chicken
in Mushroom
Sauce
With
Roasted Potatoes,
with Vegetables

Pie

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WINTER MENU

SUNDAY
FEB.9

Breakfast Served, 7:30am to 9:30 am Daily

French Toast with Bacon

All lunches are served with your choice of fresh fruit

Beef Dip Au Jus and Salad

Pie

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WINTER MENU

4

MONDAY
FEB.10

TUESDAY
FEB.11

FEB.12

THURSDAY
FEB-13

FEB.14

ΔSATURDAY
FEB.15

SUNDAY
FEB.16

BREAKFAST

Breakfast Served, 7:30am to 9:30 am Daily

DAILY BREAKFAST CHOICES

Omlette of
your choice

Eggs Benedict
Bacon
Hashbrowns

LUNCH

All lunches are served with your choice of fresh fruit

Split Pea and Ham Soup with a Tea Biscuit

Wonton Soup and Spring Rolls

Pizza with Salad

Crab Croissant with Pasta Salad

Hamburger Soup with Bun

Salmon Salad

Croissant

with Cream of Squash Soup

Salami Sub
Sandwich, Salad

DINNER

Beef Meat Pie Or Turkey Schnitzel and Gravy with Mashed Potatoes, and Vegetables

Dessert

Braised Pork
Shanks with Rice
and Vegetables
Or
Garlic Sausages &
Perogies with
Sauerkraut

Dessert

Beef Burgundy
With Flat Noodles
Or
Chicken Alfredo
With
Garlic Bread and
Caesar Salad

Dessert

Lemon Dill
Rainbow Trout
Or
Veal Parmesan
With
Vegetables and
Rice

Dessert

Chicken Oscar with
Seafood Sauce
Or
Hamburger Steak
With
Roasted Potatoes,
and Vegetables

Dessert

Oven Fried Chicken, Mashed Yams, and Coleslaw

Ice Cream

Roast Beef,
Yorkshire
Pudding,
Mashed
Potatoes, Gravy
and
Vegetables

Pie

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WINTER MENU

4

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TUESDAY
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THURSDAY
FEB>13

FEB.14

ΔSATURDAY
FEB.15

SUNDAY
FEB.16

BREAKFAST

Breakfast Served, 7:30am to 9:30 am Daily

DAILY BREAKFAST CHOICES

Omlette of
your choice

Eggs Benedict
Bacon
Hashbrowns

LUNCH

All lunches are served with your choice of fresh fruit

Split Pea and Ham Soup with a Tea Biscuit

Wonton Soup and Spring Rolls

Pizza with Salad

Crab Croissant with Pasta Salad

Hamburger Soup with Bun

Salmon Salad

Croissant

with Cream of Squash Soup

Salami Sub
Sandwich, Salad

DINNER

Beef Meat Pie Or Turkey Schnitzel and Gravy with Mashed Potatoes, and Vegetables

Braised Pork
Shanks with Rice
and Vegetables
Or
Garlic Sausages &
Perogies with
Sauerkraut

Beef Burgundy
With Flat Noodles
Or
Chicken Alfredo
With
Garlic Bread and
Caesar Salad

Lemon Dill
Rainbow Trout
Or
Veal Parmesan
With
Vegetables and
Rice

Twice Baked Potato, Braised Steak with Prawns and Vegetables

Oven Fried Chicken, Mashed Yams, and Coleslaw

Roast Beef,
Yorkshire
Pudding,
Mashed
Potatoes, Gravy
and
Vegetables

Dessert

Dessert

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Dessert

Dessert

Ice Cream

Pie

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